

**What the National Institutes of Health and the World Health Organization as well as MD's, Ph.D's and Psychiatrist from around the world are saying about ADD as a mental "illness" and drugs.**

**What is a disease or an illness?**

**Disease or illness:** in medicine, diseases and illnesses, like malaria, cancer or diabetes are proven to exist by objective evidence and physical tests.

**Mental disease or illness:** psychiatrists claim that mental diseases or illness are caused by a chemical imbalance of the brain. Yet, the President of the American Psychiatric Association admits, "We do not have a clean cut lab test for diagnosing mental illness or chemical imbalance of the brain."

*Steven Sharfstein, on the Today show interview, on June 27, 2005*



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**Psychiatrists Admit that "Chemical Imbalance" is Nothing More than a Claim.**

"Chemical imbalance, it's a shorthand term really, it's probably drug industry derived. We don't have tests because to do it, you'd probably have to take a chunk of brain out of someone – not a good idea."

*Dr. Mark Graff, Chair of the American Psychiatric Association Committee of Public Affairs.*

"Patients have been diagnosed with 'chemical imbalances' despite the fact that no test exists to support such a claim, and there is no real conception of what a correct chemical balance would look like."

*David Kaiser, psychiatrist*



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**No Science Behind Psychiatric Diagnosing**

"For a variety of reasons, the hopes and claims for brain imaging in psychiatry have far outpaced the science, experts say. After almost 30 years, researchers have not developed any standardized tool for diagnosing or treating psychiatric disorders based on imaging studies."

*New York Times article, Can Brain Scan See Depression, ADD? October 19, 2005*



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**"There are no tests available for assessing the chemical status of a living person's brain."**

*Elliot Valenstein, Ph.D.*



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**A Major Survey of recently trained psychiatrist found that 9 out of 10 children are on medication in their practice.**

Reference: Major Study

Stubbe DE, Thomas WJ: A major survey of early-career child and adolescent psychiatrist: professional activities perceptions. *J AM Academy Adolescent Psychiatry* 2002; 41:123-130 <http://tinyurl.com/8zsss> .

## **FACT:**

**The treatment of choice for kids labeled “mentally ill” is psychiatric drugs.**

“I attended the February and September 2004 FDA hearings on SSRIs, children’s depression and ADD. During the meetings, I was struck repeatedly by a message I heard from psychiatrist both on the expert panels and those testifying during the open public hearing sections. Again and again I hear them say, “Don’t take away psychiatric drugs, it’s the only thing we have to offer these kids.”

Lawrence Diller, M.D. Reference: *Am J Psychiatry* 162:1226-1227, June 2005 <http://tinyurl.com/87h59>



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## **Children: The New Market for Drug Companies**

Between 1995 and 1999, the use of antidepressants increased 151% for 7 to 12 year olds and 580% for children under six. Between 1998 and 2003, there was another 49% increase in children taking antidepressants. Sales of the drugs have now reached more than \$13 billion a year.

*IMS Health Survey*



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**The world largest manufacturer of Ritalin is Sweden and they outlawed Ritalin in their own country in 1985.**

**America consumes 95% of the Ritalin made in the world.**

Source: *NIH (National Institutes of Health) and WHO (The World Health Organization)*



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## **FDA Controlled Drug Schedules**

### **Schedule I**

These medicines are those with a high abuse and dependence potential. Typically, the only use for these substances are for research purposes. Examples include **LSD and heroin**. A prescription cannot be legally written for these drugs for medicinal use.

### **Schedule II**

These medicines have therapeutic uses and have the highest abuse and dependence potential for drugs with medicinal purposes. Examples include **Morphine, Demerol, Speed, Opium, Cocaine, Ritalin, Adderall and Concerta**. A written prescription is required and refills are not allowed.

**This means that Speed, Cocaine and Morphine are just as toxic and just as addictive as Ritalin and Adderall.**

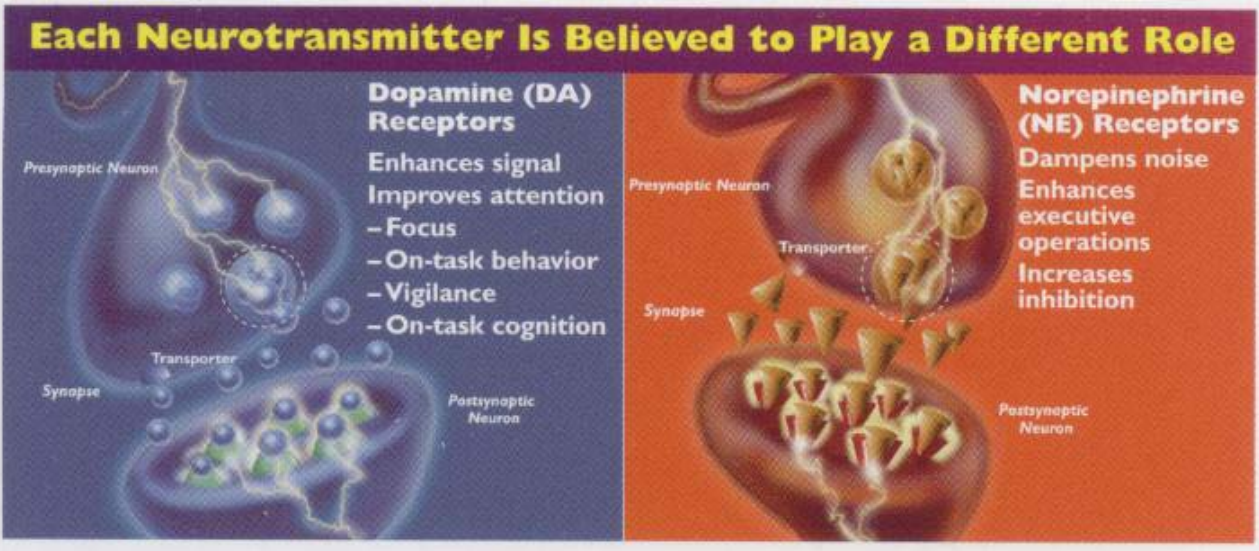
Source: *PDR (Physicians Desk Reference)*

**Do you really want your child taking a drug for a disease nobody can prove has a neurological problem with drugs that are as toxic as those used for treating cancer and diabetes?**

# Neurotransmitters

## Dopamine Receptors and Norepinephrine Receptors

**Each Neurotransmitter Is Believed to Play a Different Role**



**Dopamine (DA) Receptors**  
Enhances signal  
Improves attention  
– Focus  
– On-task behavior  
– Vigilance  
– On-task cognition

**Norepinephrine (NE) Receptors**  
Dampens noise  
Enhances executive operations  
Increases inhibition

*Artist's interpretation of DA transmission between brain neurons.*     *Artist's interpretation of NE transmission between brain neurons.*

- Imbalance in the levels of the neurotransmitters dopamine and norepinephrine is thought to be one of the key factors leading to the development of core impairments<sup>5,6</sup>

Which lab test did your psychiatrist order to prove this was even the problem? What if the symptoms came from a milk allergy? This ad is from a drug company and completely devoid of any science or proof.

Ever heard the expression, “If it isn't broke, don't fix it!” Before you take a step to start fixing your neurotransmitters, shouldn't you take a lab test to find out if they're broken? Just because your finger hurts, doesn't mean you need a Band-Aid, it might not be bleeding. These are the “chemical imbalances” they treat with drugs like Ritalin or Adderall. Shouldn't you measure the imbalance before you treat it? Treating ADD is not a mystery or hard to understand. In fact it's very simple. The lab tests are actually easy to read.

Go back and read the drug ad, it doesn't even say for sure this is the problem or that they'll test for it.

- “Imbalance in the levels of the neurotransmitters dopamine and norepinephrine (lawyer speak) **IS THOUGHT TO BE**.....”

Did you get that? The drug company only says, “Is thought to be” as in “We don't know!” You need to let that sink in. Why would you medicate for a condition with a toxic, addictive, dangerous drug when they don't even know if that in fact is the problem. They don't lab test before prescribing drugs and they don't lab test after prescribing drugs to monitor if you're getting better or worse. It's 100% guess work.

**Why does the logo for the AMA look like a snake oil logo?**

